



Safety. Healing. A Way Forward.

Every nine seconds a woman is beaten in this country resulting in 304 million women being battered each year by their intimate partner.

Despite the perception that Orange County is an affluent, safe and healthy community, domestic violence is as prevalent here as in any other area in the country. As many studies show, domestic violence affects people indiscriminately - regardless of income level, age or ethnicity.

Human Options has long recognized the silent tragedy many victims of domestic violence endure and work tirelessly to educate the community and provide programs and services to stop this cycle in its tracks.

Our Story

We believe in a world where no woman or child should ever feel afraid in his or her own home. Founded in 1981, Human Options has brought safety, healing, and a way forward out of domestic violence to more than 300,000 women and children through its emergency hotline, emergency shelter and transitional housing facilities as well as counseling, legal advocacy, and prevention education offered at community resource centers within Orange County, California.

Human Options uses a proven therapeutic approach with clients to address not only the physical but mental consequences of living in an abusive environment. This approach has proven to be successful as formal research on its graduates shows 90% remain violence-free one year or more after completing our residential programs

Our Programs

24 Hr. Hotline: 877-854-3594

Emergency Shelter (confidential location)

Transitional Housing (confidential location)

Center for Children & Families, four walk-in community resources centers providing:

- Counseling provided by mental health professionals
- Legal advocacy and legal clinic
- Case management
- Prevention education, parenting classes and coaching, support groups

Our Clients

"I fled from my home late one night, carrying my pajama-clad 16-month-old daughter and walked to a nearby gas station to ask for help. Human Options and its incredible staff changed my life. I found a calm, safe, welcoming environment filled with gentle staff and volunteers."

Sarah, Shelter Client

"If I had not taken the opportunities offered by Human Options, I could not have done what I have done. The one thing I learned is I don't have to be humiliated and I am a person of worth and value. I can truthfully say so much of whom I am today I owe to Human Options, not just for me but for my girls."

Tia, Shelter and Transitional Housing Client

Major Awards and Gifts

Human Options receives the 2012 Guardian de Justicia Award from Hispanic Bar Association

CEO and Co-founder Vivian Clecak Receives First Ernst and Young Entrepreneur Of The Year™ Award for Nonprofit Sector in 2014

2014 *Serious Fun* Fundraiser Generates \$2 Million Including Surprise \$1 Million Grant from The Argyros Family Foundation

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