



Partner agency team members of the Costa Mesa Family Resource Center.

A Sanctuary and a Community

The moment you step inside the Costa Mesa Family Resource Center you know you're in a place unlike any other

There is a serenity here. A feeling of complete support and understanding. Though the services you receive here are profound and life-altering, nobody defines you by them.

You are free – maybe for the first time in your life – to begin your journey toward your full potential.

Through a partnership with Hoag and Families and Communities Together, the Costa Mesa Family Resource Center opened last summer at the Melinda Hoag Smith Center for Healthy Living. The Resource Center provides women and families with access to domestic violence intervention and prevention, parenting education, resource brokering and counseling.

“What we’ve created is a shared purpose and a different way of looking at services across the spectrum,” said Maricela Rios, CEO of Human Options, the Costa Mesa Family Resource Center’s lead agency.

There are plenty of examples of nonprofit agencies sharing a roof, but none work so closely together for the benefit of each person who walks through the door.

“Each nonprofit here has its own specialty, but when we work together we create holistic caring for our families,” said Cynthia Turrietta, manager of the Family Resource Center. “The services we’re providing complement each other and serve the families in an intentional way.”

The Costa Mesa Family Resource Center is made up of Human Options, Children’s Bureau, Raise Foundation, MOMs Orange County, and Girls Inc., and is primarily focused on reducing the risk of child abuse and neglect while strengthening families. The facility treats families holistically, offering everything from empowering workshops to Zumba classes. Often the entry point to one program serves as an introduction for clients to another.

“Being in one location helps the community refer themselves. That’s one of the biggest assets we’ve had,” Turrietta said. “What I’ve been seeing is that some of our community has taken ownership of the Costa Mesa Family Resource Center and have become real leaders. Maybe someone took one or two classes and now they are feeling empowered and are referring other people.”

“When somebody is in a crisis and they are able to connect with a place that demonstrates that they care, it makes a profound difference,” Rios said. “There is a commitment here to helping you find your path forward, to building a healthier you.”

Nonprofits Working Together

The following agencies will offer a variety of programming and services at the Melinda Hoag Smith Center for Healthy Living in Newport Beach.

- Costa Mesa Family Resource Center, which comprises: Human Options, Children’s Bureau, Raise Foundation, MOMS Orange County and Girls Inc.
- NAMI
- Public Law Center
- Orange County Public Health Nursing
- Susan G. Komen OC
- YWCA
- Clinic in the Park
- Be the Change Yoga
- Council on Aging
- Alzheimer’s Association OC
- SOS Children and Family Health Center
- SOS Dr. Robert & Dorothy Beauchamp Children & Family Dental Center
- ASPIRE – Hoag Neurobehavioral Health
- Pastoral Care - Hoag
- Mental Health Center - Hoag
- Youth Employment Services
- Big Brothers Big Sisters