



## Community Education

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Community Education at Human Options aims to engage the community in our mission to reduce and prevent domestic violence. In order to change the societal attitudes and beliefs that perpetuate the cycle of domestic violence, we place a priority on prevention programs and awareness campaigns designed to bring light to an issue that thrives in silence. Our community educators use storytelling, lecture, and interactive lessons to engage participants of all ages in our mission. Partnering with Orange County schools, community groups and organizations, we educate more than 8,000 people a year.

**We provide the following presentations/trainings** \*All available in English & Spanish:



### **Overview of Domestic Violence**

**Length:** 60 min **Audience:** Teens/Young Adults, Adults

This is an introductory presentation that gives a general description of domestic violence. Various types of abuse are described, as well as the prevalence of domestic violence and the impact it has on victims, children, friends/family, and the community at large. **Cost: Free**



### **Love Shouldn't Hurt (Part 1): What is Teen Dating Violence?**

**Length:** 60 min **Audience:** Teens/Young Adults

This is an introductory presentation that explains healthy and unhealthy teen dating relationships. This presentation provides an overview of teen dating violence, warning signs, and strategies for responding to, and coping with, teen dating violence. **Cost: Free**



### **Love Shouldn't Hurt (Part 2): Healthy Relationships and the Bystander Approach**

**Length:** 60 min **Audience:** Teens/Young Adults,

This presentation provides a more in-depth look at the role of healthy relationships in an adolescent's life, the role of gender norms in relationship dynamics, and the Bystander Approach. **Cost: Free**



### **LAB: Leaders as Active Bystanders**

**Length:** 60 min **Audience:** Teens/Young Adults

This workshop describes the impact of healthy and unhealthy teen dating relationships and how to be an Active Bystander. It provides an interactive curriculum that unfolds a discussion about how to recognize abuse and intervene at your comfort level. **Cost: Free**



### **Teen Dating for Educators**

**Length:** 60 min **Audience:** School Officials, Educators

This presentation highlights the role that educators can take to prevent and mitigate the effects of teen dating violence. It provides an overview of teen dating violence, adolescent development, preventing and responding to teen dating violence, and strategies to foster a healthy school environment. **Cost: Free**

**We provide the following presentations/trainings \*All available in English & Spanish:**



### **Teen Dating for Parents**

**Length:** 60 min **Audience:** Adults, Parents

This is an introductory presentation describing the role of parents in shaping healthy and unhealthy teen dating relationships. This presentation provides an overview of teen dating violence, adolescent development, the role of technology, responding to teen dating violence, and strategies to begin a conversation about healthy relationships with your teen. **Cost: Free**



### **Effects of Domestic Violence on Children**

**Length:** 60 min **Audience:** Teens/Young Adults, Adults, Parents, Childcare Providers

This presentation describes the impact of domestic violence on children and overall adolescent development. It provides an overview of domestic violence and how to address family violence. **Cost: Free**



### **Targeting Elders; Financial Scams**

**Length:** 60 min **Audience:** All Ages

This presentation provides information on scams used to target seniors. Attendees are educated on a variety of current scams including what scammers say to entice them, red flags to beware of, and tips to avoid being scammed. Resources will also be provided to inform attendees on who and where to report to if they have been contacted by a scammer or know someone who has. **Cost: Free**



### **Later Life Family Violence**

**Length:** 60 min **Audience:** All Ages, Health Practitioners

This presentation describes elder abuse and late-life family violence in our community. It provides an overview of domestic violence and discusses the underlying dynamics and impact of elder abuse, while also identifying intervention strategies and resources. **Cost: Free**



### **Legal Advocacy**

**Length:** 60 min **Audience:** Adults, Advocates, Legal Professionals

This presentation describes how the legal system can be utilized to enhance the safety of victims of domestic violence. It defines domestic violence, cultivating trust, and client centered advocacy. It discusses the role of the legal advocate, policies and procedures, and overall empowerment of the client. **Cost: Free**

**Paid presentations can be tailored to meet your specific group's needs.**

**Continuing Education Units (CEU) are also available for an additional fee.**

**We provide the following presentations/trainings:**



**TRAINING: Healthcare and Domestic Violence**

**Length:** 90 min **Audience:** Healthcare Professionals, Providers, Advocates

This in-depth training highlights domestic violence as a public health concern, especially for women and children. Negative health impacts caused by domestic violence are discussed and the role of health care providers in screening of dating violence, and the best practices for safely promoting disclosures of abuse. **Cost: \$300 —\$500**



**TRAINING: Domestic Violence and the Workplace**

**Length:** 90 min **Audience:** Human Resource Professionals

This in-depth training describes how domestic violence affects the workplace. It provides an overview of domestic violence and discusses the role of the employer, how to identify a potential victim of domestic violence at work, how to help, and what the labor rights of a victim. **Cost: \$250—\$500**



**40 Hour Domestic Violence Training**

**Length:** 3 weekends **Audience:** All

This is a 40-hour state mandated workshop for anyone wishing to work with victims of domestic violence, or to expand their knowledge of domestic violence. Available twice a year during the Spring and Fall. **Cost: \$200 for non-volunteers/\$150 for volunteers** (additional \$30 for CEUs)

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**To request a presentation, please visit our website to fill out a  
Presentation Request Form and email it to  
communityeducation@humanoptions.org.**