

STRONGER TOGETHER

2016–2017 ANNUAL REPORT



**HUMAN
OPTIONS**

Breaking the cycle of domestic violence.

“I want to let you know how much difference you have made in my life. You believed in me when I did not, and helped me learn many things about myself.

But one of the most important things to me is how your help has changed the life of my daughter. She will grow up in a different environment than I did, free of violence and abuse. I could never have made it to this point without your help, understanding and support.”

CINDY L.

EMERGENCY SHELTER CLIENT

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TOGETHER...

Dear Friends,

As we reflect on our most recent fiscal year, we are grateful for the community support you have given us and the partnerships that we have seen grow. It was a year of collaboration, enabling Human Options to expand our footprint in the Orange County community. Because of you, we increased the number of people impacted through our Community Education programs to more than 20,000, and served more than 8,400 survivors through our residential facilities and six walk-in clinics.

One in four women and one in seven men will experience domestic violence in their lifetime. We seek to bring light to this statistic, knowing that the darkness allows domestic violence to thrive in every community in Orange County. For over 36 years, Human Options has increased its organizational impact to ensure that every person has access to programs and services addressing domestic violence.

This year, we developed new partnerships with human resource professionals, training them to recognize the signs of abuse and how to get employees the help that they need. Many were shocked to learn the high cost, which runs upward of eight million days of paid work lost, costing companies \$8.3 billion in productivity, medical and mental health services. Your support also helped us deepen existing relationships with healthcare providers, law enforcement professionals, high schools and corporations.

We envision a world where no one is afraid in their own home. As you read through the following pages, you'll learn more about Human Options and how we continue to collaborate to reach further within our community with your help.

Together we are stronger, and it's a remarkable time to be working together to break the cycle of domestic violence.

In Appreciation,



A blue ink signature of Maricela Rios-Faust.

MARICELA RIOS-FAUST,
MSW, LCSW, CFRE
Chief Executive Officer



A cursive signature of Kerri Sonenshine in black ink.

KERRI SONENSHINE
Board President

WHO WE ARE

MISSION

Human Options provides **safe haven** and **life-changing programs** to help abused women, their children and families **rebuild their lives** – and works with the community to **break the cycle** of domestic violence.

VISION

We envision a world where **no woman or child** should ever feel afraid in his/her home.

ABOUT HUMAN OPTIONS

Founded in 1981 as a 24-hour domestic violence crisis hotline, Human Options has grown into a multi-service, countywide agency that provides safety and support, offering residential and community-based programs and services for children, teens, adults and seniors. We provide emergency shelter, transitional housing, individual, group, and children's counseling, parenting classes, community education, legal advocacy and support for seniors.





480

women and children found a safe home at our residential programs



1,482

family members participated in counseling and legal advocacy services at one of our six walk-in centers



6,519

callers contacted us for immediate crisis support, information and referrals through our 24-hour hotline



20,155

community members received education through our prevention programs



We raised awareness in the community about the impact of domestic violence through expanded media outreach.

ORANGE COUNTY
REGISTER

ORANGE COUNTY
BUSINESS JOURNAL

Los Angeles Times



AND WHAT
WE DO

TOGETHER

A COMMUNITY RESPONSE TO ENDING DOMESTIC VIOLENCE

Often thought of as a family issue, domestic violence is, in fact, a social, business and health issue that impacts our entire Orange County community. Human Options is collaborating and building partnerships across the county to address this complex problem and work together to find solutions.



HEALTHCARE PROVIDERS

DID YOU KNOW?

Domestic violence is the leading cause of injury to women between the ages of 15 and 44 in the United States—more than car accidents, muggings, and rapes combined.

THE SOLUTION

Human Options created specialized trainings to help healthcare professionals better identify and assist domestic violence victims. From developing a screening program for Kaiser's OBGYN offices to working with UC Irvine to develop and deliver trainings on how to screen patients for domestic violence—we partner with healthcare providers across the county including Hoag, St. Joseph, Hurtt Family Health Clinics, CalOptima and more.

“I am inspired to be more aware of the signs of abuse and to dedicate more time to effectively screening my patients.”

Diahann Campbell,
Intern,
UC Irvine Health

THE NUMBERS | We trained 800+ medical professionals this year.



HUMAN RESOURCE DEPARTMENTS

DID YOU KNOW?

Nearly 70% of U.S. businesses do not have programs or policies in place to assist domestic violence victims. It costs businesses nationally \$8.3 billion in lost productivity and direct medical and mental health services.

THE SOLUTION

Human Options provides a 90-minute presentation on “Domestic Violence in the Workplace,” addressing the role of the employer, how to identify potential victims, understanding their labor rights, and helping victims seek assistance.



THE NUMBERS | We trained 200+ Orange County employees this year.



POLICE DEPARTMENTS

DID YOU KNOW?

Law enforcement is frequently the first to respond to a domestic violence situation. While officers are often focused on safety, risk assessment and evidence gathering, victims may feel isolated, fearful and unsure of their options for seeking safety.

THE SOLUTION

Human Options has developed close relationships with police departments in Lake Forest, Santa Ana, Newport Beach, Costa Mesa and Irvine. We have trained officers on how to compassionately interact with victims and how to help them access support services like those provided by Human Options.



The partnership between Human Options and the Irvine Police Department has assisted victims of domestic violence for many years with the greatest degree of care and compassion."

**Lieutenant
Cathy Scherer,**
Irvine Police
Department

THE NUMBERS | To date, Human Options has briefed 433 officers in five cities.



TEENS AND YOUTH

DID YOU KNOW?

One in three adolescents in the U.S. is a victim of physical, sexual, emotional or verbal abuse from a dating partner.

THE SOLUTION

Peer culture is powerful. Teaching teens that love shouldn't hurt and enlisting them as advocates against teen dating violence is the first step in shifting our culture. We continue to grow our prevention programs, working directly with high school coaches and athletic teams for our purple socks program, and providing presentations to middle schools, high schools and colleges.



THE NUMBERS | This year, we reached 800+ middle school students, 6,000+ high school students and 900 college students.

7



LEGAL CLINICS

DID YOU KNOW?

Lack of legal help is a major reason why victims do not leave their abusers. Women who receive legal counsel have an 83 percent higher chance of obtaining a protective order.

THE SOLUTION

Human Options provides legal clinics each month at six walk-in clinics throughout Orange County, utilizing pro-bono attorneys to help victims learn about their legal options and how to get restraining orders.



I just felt like this is where I belonged. It's hard to put into words but I believe that lack of access should not limit your ability to get help when it's needed most."

Christina Helwig,
Pro-bono Attorney,
Human Options

THE NUMBERS | To date, Human Options has held 69 free legal clinics staffed by 13 attorneys volunteering their time to provide consultation in family law issues to 150 victims.

OUR IMPACT

“It was great to see so many parents that care about their children learning to develop healthy relationships. By touching one life, we are saving many more lives in the future.”

PARENT PARTICIPANT



LOVE SHOULDN'T HURT: PARENTS AND TEENS LEARNING TOGETHER

In recognition of Teen Dating Violence Awareness Month in February, Human Options led two conferences for parents and teens.

The Love Shouldn't Hurt Conferences promoted awareness about healthy relationships, while increasing communication between teens and parents.

Parents learned how to help their teens navigate relationships in a rapidly changing technological and social landscape. Teens learned to recognize dating abuse in various forms including physical, verbal, emotional, sexual and digital. Together, they participated in trust-building activities and strengthened their bonds.

Nearly 140 participants attended the conferences held in Costa Mesa and Santa Ana. These important sessions were done in partnership with the Family Resource Centers and funded in part through Families and Communities Together (FaCT).



ADVOCATE JOINS SANTA ANA POLICE DEPARTMENT ON RIDE ALONGS

A young pregnant mother, with an infant son on her hip, answered the front door of the small yellow house. Only a few moments earlier, she had called 911 following a violent fight with her husband. She looked scared.

This is nothing new for the Santa Ana Police Department (SAPD.) They received almost 6,000 domestic violence-related calls in 2016. But this time, police officers had someone else with them—a Human Options Domestic Violence Advocate.

Domestic Violence Advocates are professionals trained to aid victims by providing information, resources and emotional support.

While the officers turned their attention to the husband, the advocate comforted the young mother—providing emotional support and explaining her options. The mother was visibly shaken. She had nowhere to go. The advocate held her baby boy, while guiding her through the house. Prompting her to pack a bag, the advocate said, “Make sure to get his birth certificate, any prescriptions or medication, maybe a few baby toys, and don’t forget your purse.”

The advocate stayed by her side as the woman went to the police station and then with a police escort was taken to Human Options’ emergency shelter. During this crisis, this mother had someone who was there just for her. Someone to calmly walk her through the next steps, empower her, and provide options for safety.

This is part of a new collaborative program between Human Options and the SAPD. The coordinated response aims to establish trust with victims, increase access to services, and promote best practices for responding to domestic violence calls. As part of this effort, a Human Options Advocate is now joining officers as they respond to calls on the weekends, when domestic violence calls are the most frequent.

Acting Chief of Police David Valentin, Santa Ana Police Department shared, “I believe in this partnership and support the joint servicing of many domestic violence victims in our community. This collaboration will further strengthen the response efforts for victims of domestic violence.”

Funding for The Coordinated Domestic Violence Response Coalition is made possible by a federal grant from the Office on Violence Against Women.



DAVID VALENTIN
Acting Chief of Police,
Santa Ana Police
Department



CORPORATE PARTNER SPOTLIGHT: WELLS FARGO

Jacob’s wish was to play league soccer. But soccer was expensive and things that involved spending money only ended in raised tempers and tears between his parents. His parents worked but with no budgeting or money management knowledge, there never seemed to be enough money for bills plus extras like a soccer uniform.

Enter Wells Fargo. The Wells Fargo team knew that by teaching families like Jacob’s basic financial literacy, they could learn how to budget and save and ultimately decrease the stress and tension in their home. Wells Fargo has partnered with Minnie Street Family Resource Center, where Human Options is the lead agency, and now teaches financial literacy classes to families at Minnie Street. After completing the course, families are matched with a Wells Fargo professional who for six months acts as a financial coach for the family. With the help of Human Options and Wells Fargo professionals, Jacob’s family is fighting less and feel more confident about family finances and can save for things like Jacob’s soccer activities.

In addition to working with families in our community, Wells Fargo employees are volunteering at annual fundraising events as well as being part of the Sisterhood support group. Wells Fargo continues to invest in our programs through grants and last year a Wells Fargo executive became a member of the Human Options Board of Directors.

EVENT RECAP

Serious Fun Gala

A Magical Evening of Serious Fun

More than 375 guests came together to celebrate DOVE Award Honoree Julie Hill for an enchanted evening at the Balboa Bay Resort on May 20, 2017. Guests enjoyed signature cocktails, silent and live auctions, and danced the night away to '80s cover band Flashback Heart Attack, raising \$678,000 to benefit Human Options' core programs.

"Julie is a visionary leader committed to making our world a safer place for all women. She has not only made significant contributions to Human Options, but is always inspiring others to make a difference," said Maricela Rios-Faust, CEO of Human Options.



1. David and Lisa Hummelberg 2. Gloria Allred and CEO Maricela Rios-Faust 3. Ygal Sonenshine, The Hon. Sheila Prell Sonenshine (ret.) with Danny and Kerry Sonenshine 4. Peter and Julie Hill 5. Nancy W. and Victor Dahan 6. Michele I. Khoury with husband Abdo 7. Event decor 8. Event co-chairs Terry Theologides and Wendy Peterson 9. Amy Jensen, Nichole Lyon, Lori Anderson, Amy Beyer 10. Sydney Horner, Brad Horner, Kristen Monson

1. Kerri Sonenshine with Julie Demlow Sofferman and friends
2. CEO Maricela Rios-Faust and Artyn Gardner
3. Event decor
4. CEO Maricela Rios-Faust with event co-chairs Karen Rager, Stuart Haskin and CDO Ann Duncan Levy
5. Nancy W. Dahan with Barbara Roberts and guest
6. Lorna Wardwell and Jennifer Lefebvre
7. Keynote speaker Dr. Jackson Katz
8. Scott Allen with Karen Jaffe



1



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EVENT RECAP

Fall Luncheon

Keynote speaker, Jackson Katz, Ph.D., informed and inspired an audience of 350 people at the Fall Luncheon for Domestic Violence Awareness. Dr. Katz is an internationally renowned educator and activist on issues of gender and violence. The event took place on October 13, 2016 at the Hotel Irvine and raised over \$180,000 to support core services such as counseling, case management, legal advocacy and prevention education.

GENEROSITY

HEARTFELT THANKS TO OUR GENEROUS DONORS

*Gifts recognized were received
between July 1, 2016 and
June 30, 2017.*

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John Klein
Sally and Gerry Korkin
Ryan Kray
Peter Krogh
Mariya Kuchma
Garrett La Bonte
Matthew J. Landers
Kiana Larsen
Katricia Lee
The Leets Consortium
Scott Leslie
Sidney Lewis
Carol Lindquist Olson

Ellie Long
Lorigrayson.com
Diana Lubeck
Vanessa Luna-Delgadillo
Cynthia Luque
Rachel Macdonald
Maxine Maly
John Maney
Casey McCracken
James McDonald
Jerry McGee
Anne McInnis
Katie McLeish Nunez and Fred Nunez
James Meaglia
Max Mendez
Rick and Dorothy Minato
Sheila Mojtehed
Janie Montiel
Jan Moorad
Thomas Moreno
Bill Morison
Gwen Murakami
Joan Murray
Russ Myers
Odile Nicolette
Kara Noone
Steffanie Oatman
Hana Oh
Patricia O'Keefe
Adriana Olsen
Kristen O'Neill
Tom O'Neill
Kim Orbeck
Claudia Parker
Sara Parker
Penelope Parmes
Paypal Charitable Giving Fund
Jennifer Peterson
Jolene and Mark Peterson
Teri Pitchess
Bill and Sue Pollard
Chamicka Pollock
Anna Popov
Katherine Porter
Divya Prabhakar
Erica Puccio
Michelle Ralph
Rick Rawlins
Donna Ray
Nikole Reed
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Lily Reynolds
Jessica Rezaie
Linda Rhodes and Jack Rhodes
Brett Robinson
Gayle and Lee Rodgers
Mark G Rothbart

Neeloy Roy
Darlene Russo
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Karen Schatzle
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Margaret Teran
Tianna Terry
Joy Thomson
Linda Thomson
Carol Tipper
Amber and Anthony Tran
Stacy Tran
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Robert Traver
Allyson Underwood
Tim Unke
Yvonne B. Valles
Amy VanBlaricom
Kristina and Tal Vander
Julie VanOrman
Susan Vavak
Robin Voet
Donna Wagner
Judy Wang
Katie Weber
Claudia Wedel
Margaret Weidner
Dana and Jason Weintraub
Tonya Whiteside
Janyne Wiley
John and Erin Wilson
Kiem Wilson
Jene Witte
Gail Young
YourCause
Brenda Zamzow
Louis Zitnik

LEGACY SOCIETY MEMBERS

Helen F. and Alan E. Adams
Charitable Trust
Ashbrook Family Trust
Catherine Bowers
Estate of Elizabeth Breneman
Pauline Bukantz
Vivian Clecak and John Pricz
Victoria Collins, Ph. D.
The Ethel C. Correll Trust
Sophie and Larry Cripe
Dorothy M. Booth Charitable Trust
Artyn and Max Gardner
Shirley and Glen Gellatly
Charitable Trust

Elizabeth Gregory
Sandra Hall
Sharon and Terry Hartshorn
David Hendryx
Candy and Ron Hess
Scott Hughes
James Iverson
Carolyn Johnson
Estate of Ann Lawson Karsh
Dorothy Karson
Kea Simon - CRUT
Myriam Keyes
Michele I. and Abdo Khoury
Anita D. Levin

Lucienne Cahill Trust
Estate of Virginia Martin
Lorraine Remby and Tom Moebus
Betty Mower Potalivo
John and Margi Murray
Nancy and Scott Nygren
Arlene Pavay
Margaret Piacenti
Marvin W. and Harriet C. Reimer
Charitable Trust
Patricia Rose
Rosemary L. Ruiz Trust
Katy and Jack Schoellerman
Susan Shalit

Jack Shaw and Ellen Shockro, Ph.D.
Jo Skibby
Judy and Keith Swayne
Jane and Richard Taylor
Libby Tobin
Gary Van Arnam
Susan Vavak
Verrill Family Trust
Jean and Tim Weiss
Laverne Wheeler
Anne E. Wright
H. Yolen
Carole Zavala

IN-KIND DONATIONS

Academy of Magical Arts, Inc.
Andre's Conscious Cuisine
& Cocktails
Assistance League of Irvine
Assistees of Irvine
AuctionABC (Points of Charity)
Ayres Hotel Group
Balboa Bay Resort
Beach House PR
Mr. Andree Berengian and Mrs.
Karla Kraft
Best-VIP Chauffeured Worldwide
Bradford Renaissance Portraits
Robin and Michael Brewer
Kathleen Buchanan
The Center Club
Center for Spiritual Living - Laguna
Woods
Thomas Chanler
Choice Designs by HealthLink
Insurance Solutions
Christy Cortez
David Cockrell, Firecrackers
Brashear/Roth

Disneyland
Celina Doka and Forrest Wylder
Gina Donald
Gloria and Michael Dula
Linda Enochs
Equinox Sports Club Irvine
FacialWorks
Far West Restaurant Group, LLC
Fermol Inc.
Katie and Chris Frome
Tiffany Fung
Patricia Garrison
George T. Hall Company
GetActive
Gali Glantz
Cathy Goldberg
Dr. Sanjay Grover
HDX Fit
Ms. Pamela Hedges
Hilton Grand Vacations Club
Sheriff Sandra Hutchens and Mr.
Larry Hutchens
Richard Hyde
The Hydration Room

Irvine Barclay Theater
Irvine Company Retail Properties
Irvine-Anaheim Alumni Chapter of
Kappa Alpha Psi Fraternity
Amy and Duane Jensen
Kaiser Permanente
Kelly Fleming Wines
Cathleen Laufer
Tim and Jacqueline Lawrence
Easther Liu
The Lodge at Torrey Pines
Lorin Backe Photography
Tessa and Dan Maas
Caroline and Todd Marchant
Mark Olson DDS - Modern
Dentistry
Meathead Movers
Jessica Moreno
Thomas Moreno
Nathan Jaffar Photography
NewMark Models
Noonday Collection
The Northern Trust Company
Amy Nygren

Orange Theory Newport Beach
Out of Bounds Bar
Penelope Parmes
Pelican Hill Golf Club
Jacob Ramirez
Red Rock Casino Resort
The Resort at Pelican Hill
RoseyToes
Kimberly Roush
Saddleback Angels
Sage Hill High School
Katy and Jack Schoellerman
Greg Shoop
Smart Levels Media
Julia and Jeffrey Sofferman
Solugenix Corp.
Allyson and Coby Sonenshine
South Coast Plaza Management
Traci Stubbler
US Foods
Aimee Weisner and Tom Saeman
Winston's Crown Jewelers
YPO Forum
Zov's Tustin -- Bistro

THANK YOU TO ALL OUR DONORS WHO MADE A GIFT IN THE NAME OF SOMEONE SPECIAL

HONORARY GIFTS

Aryan
Good Friends
Demetria Moore
National Women's Day
Dorothy Nguyen
Tom Noto
Karen Rager
Sandra Reyes

CELEBRATORY GIFTS

Gloria Allred
Jennifer and Bill Brandt
Celina Doka and Forrest Wylder
Sarah Kerns and John White
Mehera McDaniel
Kerri and Danny Sonenshine
Maggie Sonenshine
Sarah Sonenshine
The Hon. Sheila Prell Sonenshine (ret.)
and Ygal Sonenshine
Bonnie Valles and Paul Wisdom
Lori Warmington

MEMORIAL GIFTS

Marian Bergeson
Leon Chet and Roslyn Menke
Marietta B. Haebler
Patricia Englert
Jane Hansen
Eleanor Kaye Clayton
Kathie Miller
Anne E. Wright



I dedicate my gift to my mother who suffered from domestic violence quietly in an era where it was the norm to do so. I am grateful to Human Options, legislators and law enforcement that support women and children fleeing domestic violence.” **ANONYMOUS**

FINANCIALS

FISCAL YEAR END JUNE 30, 2017*

GOVERNMENT GRANTS

California Governor's
Office of Emergency
Services (CalOES)

Community Development
Block Grant (CDBG):

- CDBG Irvine
- CDBG Newport Beach
- CDBG Santa Ana

County of Orange, OC
Community Resources

County of Orange, OC
Health Care Agency
(Strong Families, Strong
Children)

Families and Communities
Together (FaCT):

- FaCT Community Health
Enrichment Collaborative
- FaCT Corbin
- FaCT Costa Mesa
- FaCT Minnie Street
- FaCT South County

ResCare Workforce
Services

U.S. Department of
Justice, Office on Violence
Against Women

42%

Government Grants
\$2,117,201

9%

Earned Revenue
\$433,977

12%

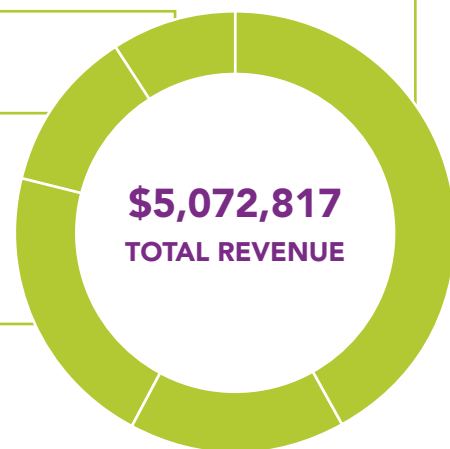
Benefit Events
\$633,748

21%

Individual Gifts
\$1,083,289

16%

Private Grants & Foundations
\$804,602



11%

General & Management Cost
\$575,201

9%

Fundraising
\$478,144

80%

Program Services
\$4,243,154



* Human Options is continuing to spend down a large foundation grant of \$1M that was received in a lump sum at the end of FY 13/14. Due to this auditor-recommended recording, we had expenditures this year of about \$330,000 that related to income we had reported in a prior year.

LIVES CHANGED



L-R: Keith Swayne,
Jean and Tim Weiss

THE GIFT OF SUSTAINABILITY

Jean and Tim Weiss wanted to give back in a way that would support Human Options' innovative programs and services, creating long-term sustainability. In 1997 they gave an endowment gift in order to leave a legacy of giving. Building upon that gift would be necessary to sustaining Human Options over time and in 2014, Keith Swayne made that a reality. He presented the generous \$500,000 Swayne Family Endowment challenge and inspired our community to invest in Human Options' future. Today, our endowment is \$2,608,836. We are forever grateful to Jean and Tim for their gift, to Keith for his generosity – and to everyone who contributes to guarantee brighter futures for so many families. Jean Weiss shared, **"We knew the money would be used in a meaningful way, and used wisely."**



L-R: Anita D. Levin, Anne
E. Wright with daughter,
Katie McLeish

LEAVING A LEGACY

As one of our four founders, Anne E. Wright was passionate about helping other women. She was integral in helping to secure Human Options' first emergency shelter in Laguna Beach and selflessly invested her time and treasure to assist countless families over the years. We are saddened by her passing earlier this year and appreciate the lasting legacy she left with a generous bequest gift.

Anita D. Levin, a former graduate of Human Options' shelter and domestic victim survivor, also left a legacy with her own bequest gift this year. Her son Eric shared, **"Human Options gave her the strength to pick herself back up. She helped out many, in any way she could to pay it forward."**

OTHER WAYS TO GIVE

FOR A BIRTHDAY, ANNIVERSARY OR MEMORIAL...

Honorary gifts allow you to remember a loved one by contributing to Human Options.

IN-KIND DONATIONS

Provide basic necessities for our emergency shelter from our wish list at humanoptions.org

Your donations provide **safety, healing and a way forward** to victims of domestic violence in Orange County. Your generosity funds counseling, legal advocacy, education programs, elder abuse prevention and strengthens partnerships within our community to address domestic violence as a human rights and public health issue.

WHAT YOU CAN DO

IF YOU HAVE A MINUTE...

Visit humanoptions.org to find community education presentations that you can bring to your company or school.

IF YOU HAVE TWO HOURS...

Hold a "basic needs drive" with your book club, golf group or church to help families in our shelter.

IF YOU HAVE A DAY...

Volunteer to paint, organize or lend your skill at one of our facilities.

\$500

provides one family with one month of diapers, toiletries and linens at our emergency shelter.

MEN TAKE A STAND

Be part of Men In Motion by joining other men to support programs for teens and coaches, empowering them to become role models.

WOMEN TOGETHER

Join Sisterhood, a community of women that meet four times a year to complete hands-on projects to benefit residential clients.

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WITH YOUR DONATION

For more information, please contact Nora Caldwell at ncaldwell@humanoptions.org



949.737.5242
P.O. Box 53745 | Irvine, CA 92619
humanoptions.org

24-hour hotline: 877.854.3594