

# HUMAN OPTIONS

PREVENT. PROTECT. EMPOWER. TRANSFORM.

## RESOURCES

If you need help or know someone who does, you can call our 24-hour free hotline at **877-854-3594**, it is available **7 DAYS A WEEK**

### National Domestic Violence and Teen Dating Violence 24/7 lines

Phone: 800-799-SAFE (7233)

Text: LOVEIS to 22522

Chat: [www.thehotline.org](http://www.thehotline.org)

### Local Domestic Agencies

#### **Domestic Violence 24-hour hotlines (Emergency Hotlines)**

Human Options: (877) 854-3594

Laura's House: (866) 498-1511

WTLC: (714) 992-1931

Interval House: (714) 891-8121

### Local Police Departments

For immediate safety intervention, plus referrals to advocates on safety planning, restraining orders, and emergency housing.

### Local Family Resource Centers

#### **Minnie Street Family Resource Center**

Phone Number: (714) 972-5775

Email: [minniestreetfrc@factoc.org](mailto:minniestreetfrc@factoc.org)

#### **Newport Mesa Family Resource Center**

Phone Number: (949) 764-8100

Email: [newportmesafrc@fact.oc.org](mailto:newportmesafrc@fact.oc.org)

For a full list of all the family resource centers in Orange County visit: [www.factoc.org](http://www.factoc.org)



[humanoptions.org](http://humanoptions.org)    

IF YOU NEED HELP NOW, CALL: 877.854.3594 | 24 hours | 7 days