



HUMAN OPTIONS

PREVENT. PROTECT. EMPOWER. TRANSFORM.

2021/22 ANNUAL REPORT



MISSION

To ignite social change by educating Orange County to recognize relationship violence as an issue that threatens everyone, advocating for those affected by abuse, extending a safe place for victims, and empowering survivors on their journey of healing.



VISION

We are committed to a future in which every person and family in Orange County experiences safe, healthy relationships and lives free from fear.

VALUES

Diversity: We embrace different perspectives and lived experiences of others.

Respect: We recognize dignity as a basic human right.

Curiosity: We cultivate an appetite for knowledge and understanding.

Ingenuity: We actively work to create original and inventive solutions to further our mission.

Individuality: We call on the unique gifts of others for igniting social change.

DEAR FRIENDS,

This year marked a significant milestone for us, 40 years of impact and 512,000 lives transformed. **We are grateful to each of you**, our community of caring individuals and partners that walk alongside us to ignite change in service of victims and survivors of relationship violence.

Healing is at the heart of what we do and the path for every survivor is different.

Each journey begins with an inflection point. A point where a victim gathers up the courage to reach out for help and for the first time, **they feel safe and heard**. For John, it was the day he and his mom arrived at the shelter, for Charlotte, it was a call to the police, and for Mike and Cindy, it was beginning the Personal Empowerment Program (PEP).

It's in these stories that you'll see the **power of prevention, protection, and empowerment**. Individually, each of these actions change the trajectory of a survivor's story. Collectively, they transform how survivors see themselves and provide a clear path for them to reach their full potential.

As you read through the following pages, **you'll learn more about the transformation you make possible for survivors**. We want to thank you for your unwavering support and commitment to ensuring survivors have a safe place to heal from abuse.

We remain steadfast in our commitment to advancing our vision where every person and family in Orange County can experience healthy relationships and live free from fear.



Maricela Rios-Faust
MSW, LCSW, CFRE
Chief Executive Officer



Celina Doka
Board President

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PREVENT

“ I didn’t really like sports that much. I was scared. Sports Club at Human Options made sports fun. Now I really like football and throwing the ball and running! ”

- John, Son (age 10), Survivor

BUILDING AWARENESS TO DISRUPT THE CYCLE OF ABUSE

On the outside, John looked like your average 10-year-old, but his life behind closed doors was flooded with chaos. He had spent the last 3 years of his young life protecting his mom and siblings from abuse. **Safety was fortunately on the horizon as John and his family would soon be connected to Human Options' Emergency Shelter.** John and his family were able to finally flee their extremely dangerous and violent situation. While the family received a warm welcome, it was evident that John had lost his spirit. He didn't want to communicate with staff and had little to no interest in participating in the Children's Program. His mother shared that he had become more disconnected in recent months and had expressed thoughts of suicide.

John was very self-conscious, quiet, and kept to himself when he first came to Human Options. **With support from our advocates, he began to feel empowered and relearned how to be a kid again after years of playing the protector role for his family.** John became engaged with the Children's Program, which provides children with comfort and safety through socio-emotional development. The Children's Program Advocates were able to help John get enrolled into school, begin weekly therapy sessions, and build relationships with kids his age through Sports Club. The Children's Program provided John with a nonjudgmental space where he was able to engage in positive interactions and learn how to express emotions in a healthy way.

John is now confident, happy, and willing to try different activities. "I didn't really like sports that much. I was scared. Sports Club at Human Options made sports fun. Now I really like football and throwing the ball and running!"

NEARLY

1 IN 4

intimate partner violence cases involve a child witness each year

85%

of children in our Children's Program show an increase in positive social interaction with peers and adults

2,270

FAMILIES SERVED

83%

of minors who receive counseling at Human Options report reduced depression levels

EXTENDING SAFETY & SUPPORT ALLOWS SURVIVORS TO FLEE AND RESTORE THEIR LIVES

Charlotte, a dedicated mother of two and active volunteer in her community, faced a world of trauma in secrecy. After enduring more than six years of relationship violence, **Charlotte knew it was time to leave her abuser** after a physical altercation occurred in front of her children. When police arrived, three year old Sara told the officer with tears in her eyes that “daddy was being very mean to mommy, broke her phone, yelled too loud, and needed to go away.” It was then that the officer connected her with a Human Options advocate.

After spending years living in constant stress, anxiety, and worry, Charlotte was ready to take back her and her children’s lives. They were finally able to begin their healing journey because of the services they received at Human Options. **Charlotte and her children gained the support they needed to flee a life of violence thanks to the organization’s Emergency Shelter and Transitional Housing Program.** Trauma-informed staff guided Charlotte through a safety plan and helped her with the restraining order process. Through Human Options’ wraparound approach to services, Charlotte had access to empowerment and parenting classes, workforce development, and sobriety support. She was ultimately able to fulfill her biggest goal of securing permanent housing for her family.

Charlotte now lives by a phrase that her case manager often shared with her: **“my past does not define my future.”** Charlotte and her children have moved into a home free from danger where they will continue their healing journey and live a resilient life.

10,360

CLIENTS SERVED

81%

of participants are provided with housing assistance and stabilization

4,850

HOTLINE CALLS

90%

of clients report an increase in their confidence in advocating for themselves as a survivor



PROTECT

“ Daddy was being very mean to mommy, broke her phone, yelled too loud and needed to go away. ”

- Sara, Daughter (age 3), Survivor



EMPOWER

“ We need more awareness about intimate abuse, so people know that violence is a choice and it doesn't discriminate based on our gender. ”

- Mike, Survivor, Brother, Son

LIFTING VOICES SO THAT EVERY STORY IS HEARD AND ACKNOWLEDGED

Relationship violence can happen to anyone – it impacts everyone and occurs across all lifespans. Unfortunately, support is often difficult to access for underserved populations such as LGBTQ+ and seniors, which is why Human Options provides services tailored to all demographics. Our Personal Empowerment Program (PEP) is a ten-week educational support program designed to **empower victims of all backgrounds to break the cycle of relationship violence.**

Thanks to PEP, survivors Mike and Cindy were able to regain control of their lives. When Mike met Kyle, he was young and in love. He thought he had met his soulmate, but their relationship soon became one of jealousy and control. Kyle began to slowly isolate Mike from his core support group, leaving him feeling alone and unsure of how to get help.

Cindy fell in love as a teenager and married her husband at the young age of 19. Sadly, the love quickly faded, and the next 50 years of her life were filled with heartache and abuse. Growing up in a strong Catholic family, Cindy did not believe in divorce and was committed to being a good wife and mother, regardless of how violent her situation became.

Although Mike and Cindy's stories are different in many ways, they share a similar lived experience. Mike found himself no longer feeling safe in his relationship but was unsure of where to go after years of devoting himself to Kyle. By the age of 69, Cindy felt helpless and was living in a constant state of darkness. Mike learned about PEP through a coworker and Cindy was referred by her therapist – little did they know that this program would change the trajectory of their lives. **Through these empowering support group sessions, they felt heard and valued for the first time in years.** Thanks to PEP, Mike now knows what red flags to look for in an unhealthy relationship and Cindy was able to finalize her divorce and is now able to live a life free from violence.

20%
of clients served are
over the age of **50**

100%
of Safe Options for
Seniors clients
report increased
knowledge of their
legal rights and
options

826
Served in Personal
Empowerment
Program (PEP)

Survivors in the
LGBTQ+ community
find it hard to seek
services and
resources because
they face barriers to
accessing support
due to their identity.

IGNITING SOCIAL CHANGE A PATH TO HEALING IS NEVER WALKED ALONE

Human Options recognizes that for victims of relationship violence, emergency response professionals are not the only ones who can provide a life-saving connection. Trusted service providers often are the first to hear about their clients' life decisions, struggles, and exciting milestones. Victims suffering behind closed doors often break their silence for the first time by sharing with beauty professionals.

We believe that when equipped with empathetic and discreet techniques, beauty professionals are in an ideal position to intervene early and connect victims to life saving programs. Since 2018, Human Options has partnered with Advance Beauty College to empower its students to serve as first responders against abuse and violence. As a leader in the beauty industry, Advance Beauty College shares Human Options' commitment to ending the cycle of relationship violence.

This partnership has not only changed the lives of the person in the chair, but the stylist as well. During one of the first Cut It Out training courses, the owner of Advance Beauty College quickly recognized a change in his students' demeanor. The red flags and signs of abuse resonated all too well and students came forward with their own stories of abuse. Today, students from Advance Beauty College recognize the signs of abuse and have the tools to respond. When a victim shares their story, students are now able to offer a warm hand off to Human Options' advocates.

This empowering partnership was developed from the practices of the Professional Beauty Association's (PBA) Cut it Out Program – a program dedicated to mobilizing licensed professionals to fight relationship violence all across the United States. **Through this partnership, we continue to drive a greater impact by transforming the lives of survivors through education and**

4,274

PEOPLE TRAINED &
EDUCATED THROUGH
PREVENTION EDUCATION

96%

Participants report feeling more comfortable responding to a friend experiencing relationship violence after receiving a Human Options training or presentation

135

COSMETOLOGISTS
TRAINED THROUGH
ADVANCE BEAUTY
COLLEGE



TRANSFORM

“ We are so grateful for the partnership with Human Options. Because of your incredible work, our students are equipped with the resources to not only help others but also help themselves. ”

- Suzette Marchetti, Advance Beauty College



FALL LUNCHEON 2021

Rachel Louise Snyder is a Journalist, domestic violence advocate, and New York Times best-selling author of "No Visible Bruises: What We Don't Know About Domestic Violence Can Kill Us". Fall Luncheon guests heard Rachel's powerful conversation on the far-reaching social consequences of intimate violence on individuals, families, and communities, as well as its toxic impact on poverty, homelessness, and addiction. Held on October 14th at the Marriott Irvine Spectrum, the event raised nearly \$200,000 to help sustain Human Options' programs in Orange County.

"Why victims stay isn't the question we need to be asking. Rather, I think a better question is: how do we protect this person? No qualifiers. No musing about why she stayed or what she might appear to be doing or not doing. Just one simple question: how do we protect her?"

—Rachel Louise Snyder



1. Diane Biagianni and Victoria Collins **2.** Maricela Rios-Faust, Steve Churm, Rachel Louise Snyder and Diane Biagianni **3.** Rachel Louise Snyder **4.** Steve Churm, Cinda Churm, Nora Caldwell and Jean Weiss **5.** Maricela Rios-Faust, Celina Doka and Vivian Clecak

"Human Options' existence in our community provides a safe space for hope and healing that leads to new healthy beginnings."

—Vicki Booth

SERIOUS FUN 2022

Human Options was honored to celebrate past DOVE honorees at the Serious Fun Gala, "An Evening in Spain," held at the Balboa Bay Resort on May 21st. Guests enjoyed a Spanish themed event and lively entertainment, raising nearly \$550,000 to benefit Human Options' life-saving programs.



1. Clay and Linda Richardson **2.** Celina Doka and Maricela Rios-Faust **3.** Steve and Cinda Churm, Ed and Pat McFarland, Vivian Clecak, Robert McKee, Lynne and Doug McLeish, Bob and Susie McCollom **4.** David and Victoria Collins, Maricela Rios-Faust, Michele I. and Abdo Khoury, Vivian Clecak, Celina Doka, Steve and Cinda Churm, Nora Caldwell, Nancy Dahan, Kerri and Danny Sonenshine **5.** Event Co-Chairs: Rouz Tabaddour and Wendy Peterson

NOT PICTURED: Kate Duchene, Julie Hill, Keith Swayne and Anne Swayne Keir, The Honorable Sheila Sonenshine and Ygal Sonenshine, Elaine Weinberg, Peter and Virginia Ueberroth Family Foundation, Artyn and Max Gardner, Ellen K. Shockro, PhD, Jean and Tim Weiss, The Ginger and Tony Allen Family, Jack Schoellerman

AWARENESS CAMPAIGNS

Our prevention campaigns are intended to ignite social change through education and awareness. Through a variety of awareness programs, we engage the community in activities focused on many different issues associated with relationship violence. Spanning child abuse, housing and economic insecurity, gun violence, mental health – Human Options’ campaigns aim to shed light over all aspects of relationship violence.



DOMESTIC VIOLENCE DEATH REVIEW TEAM

Human Options’ CEO, Maricela Rios-Faust, is the co-chair of the Domestic Violence Death Review Team (DVDRT), an interagency team that collects and assesses data regarding domestic violence fatalities across Orange County. The team consists of leadership from various sectors across the county including law enforcement, domestic violence service agencies, law clinics and courts, among others. In February, we partnered with UCI and the DVDRT to release the first ever study that includes data from a decade-long analysis of county coroner homicide and homicide/suicide cases. The study was used to identify trends in domestic violence and develop recommendations for community prevention and intervention initiatives aimed at reducing and eradicating domestic violence.



TEEN DATING VIOLENCE AWARENESS & PREVENTION MONTH - FEBRUARY

To help bring awareness during Teen Dating Violence Awareness & Prevention Month, CEO Maricela Rios-Faust was featured on Univision to educate and speak about relationship violence among teens, a topic which is too often minimized.



DOMESTIC VIOLENCE AWARENESS MONTH - OCTOBER

CEO Maricela Rios-Faust discussed the intersection of homelessness and relationship violence in an exclusive interview on Inside the Issue with Alex Cohen. Relationship violence is one of the leading causes as to why women and their children become homeless.

THANK YOU TO OUR GENEROUS DONORS

LUMINARY \$100,000+

Pat and Paula Donahue
Handel Sunrise Foundation, Nancy Handel
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AMBASSADOR \$50,000-\$99,999

The Capital Group Companies Charitable Foundation
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The Women's Foundation of California

CHAMPION \$25,000-\$49,999

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The Honorable Sheila Sonenshine and Ygal Sonenshine

REBUILDER \$10,000-\$24,999

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St. Joseph Health Community
Partnership Fund

**"Now is the moment to stand
shoulder-to-shoulder to
confront relationship violence
with our passion and
resources. Together, we are a
force for good. Together,
we can turn the tide."
- Steve Churm**

REBUILDER \$10,000-\$24,999 (Continued)

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The Keith and Judy Swayne
Family Foundation
Les and Ellen Thomas
Doris R. Vaughn Family Trust
Warne Family Charitable Foundation

Aimee Weisner and
Tom Saeman
Jean and Tim Weiss
Wells Fargo Foundation
M.R.B. Charitable Trust, Judy Yorke

LEADER \$5,000-\$9,999

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SUSTAINER \$2,500-\$4,999

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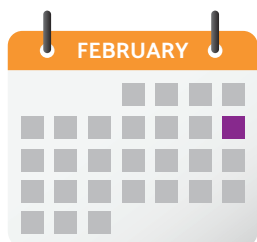
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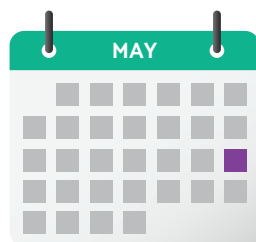


IGNITE CHANGE: SAVE THE DATE

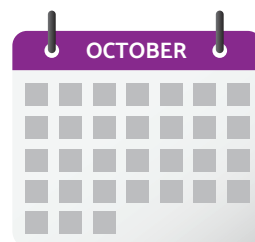
For victims of relationship violence, no two stories are alike. Thanks to our committed family of funders and donors. Human Options has served Orange County for 40 years and counting, as a community catalyst for meaningful change by providing tailored, life-saving support for survivors. As we look toward the new year, we hope you'll continue to join us in igniting social change. Funds raised at our annual signature events support our work in the areas of **prevention, protection, empowerment, and transformation.**



8th Annual Love
Shouldn't Hurt: Parent &
Teen Conference
February 11, 2023



Serious Fun Gala
May 20, 2023



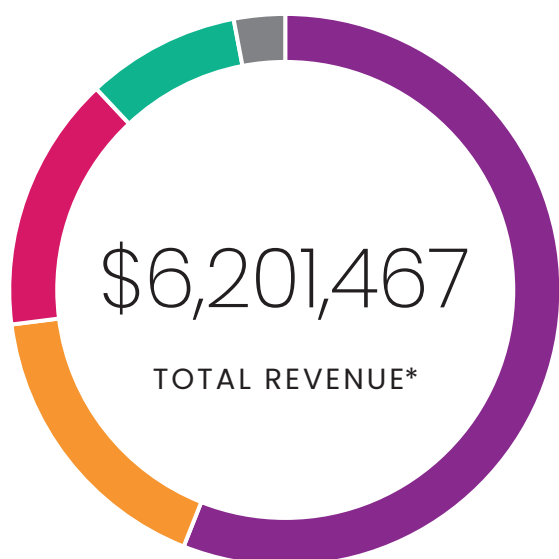
Fall Luncheon:
Igniting Social
Change
October 2023



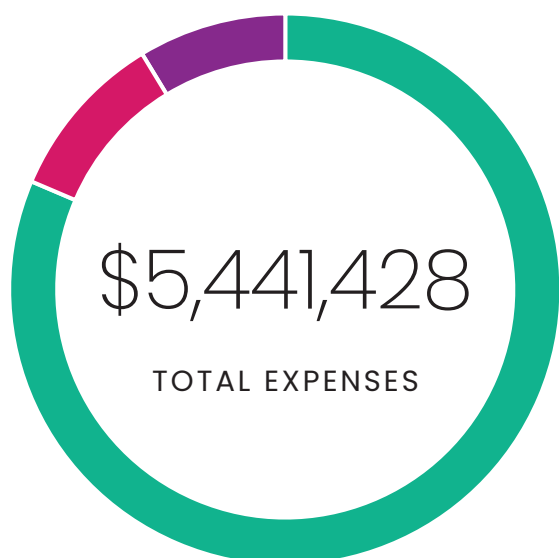
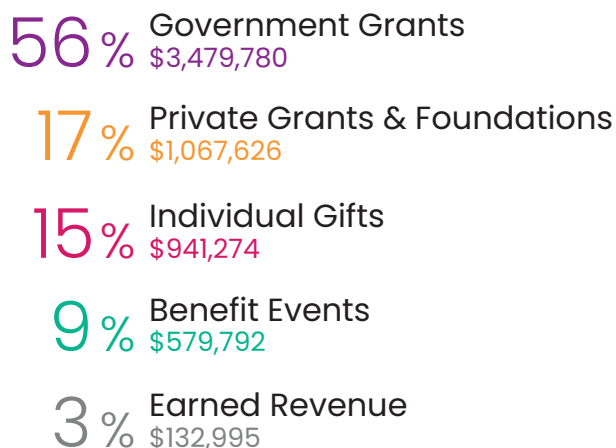
Visit
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for more information

FINANCIAL DASHBOARD

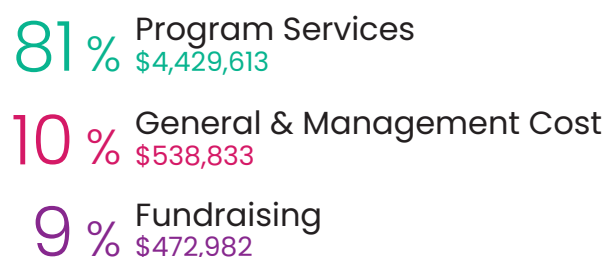
FISCAL YEAR END JUNE 30, 2022



REVENUE SOURCE



EXPENSE CATEGORY



Human Options is proud to earn Charity Navigator's coveted 4 - star rating, demonstrating our strong financial health and commitment to accountability and transparency.

*Revenue excludes (\$618,864) unrealized losses from endowment and investments. Net surplus includes multi-year pledges.

GOVERNMENT GRANTS

FROM JULY 1, 2021 TO
JUNE 30, 2022

Community Development Blocks Grants (CDBG)

- CDBG Irvine
- CDBG Tustin

Families and Communities Together (FaCT)

- FaCT Corbin FRC
- FaCT Newport Mesa FRC
- FaCT Magnolia Park FRC
- FaCT Minnie Street FRC
- FaCT Oakview FRC
- FaCT So. Orange County FRC

CalWORKs ResCare Workforce Services

California Governor's Office of Emergency Services

- CalOES Domestic Violence Assistance Program
- CalOES Transitional Housing Program
- CalOES Housing First Program

County of Orange

- OC Community Resources
- Victims Services
- OC Health Care Agency (Strong Families, Strong Children) - COC
- OC Health Care Agency (Strong Families, Strong Children) - BHS

Office on Violence Against Women (OVW)

- Improving Criminal Justice grant
- Legal Assistance for Victims grant





949.737.5242

P.O. Box 53745 | Irvine, CA 92619 | humanoptions.org

24-HOUR HOTLINE: 877.854.3594

