

HUMAN OPTIONS

#HEALTHYLOVE, THE NEW NORMAL

Teen Dating Violence Awareness & Prevention Month

- Genuine Affection
- Real Intentions
- Accountability
- Being Present/Constant
- Respects your boundaries

Green & Red Flags

OF A RELATIONSHIP

Learn more about what flag terms mean:
<https://www.humanoptions.org/LSH2023>

Green flags in a relationship symbolize healthy behaviors. They play an essential role in building a stronger deeper connection.

Teen dating violence includes physical, psychological or sexual abuse, harassment, or stalking of any person ages 12 to 18 in the context of a past or present romantic or consensual relationship.

-National Institute of Justice

- Ghosting
- Love Bombing
- Gaslighting
- Attached/Controlling
- Bread Crumbing

WARNING SIGNS

- Isolation
- Intimidation
- digital abuse
- constant arguing
- feeling pressured